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HALIFAX • THURSDAY, AUGUST 27, 2009 metronews.ca

Local pg 3

Speaking out on life as a child soldier



You are who you eat with: Study

HEALTH Want to lose weight? Stay away from your skinny friends who chomp on cheeseburgers and the obese ones who peck away at salads. A new study conducted by marketing experts at the University of B.C., Arizona State University and Duke University has come up with findings on how the weight of the person next to us influences how much we eat.

Participants tended to mimic the choices of a thin person, and choose differently from what the heavy person selected, the study found.

"If you see a thin person eating a lot, you will eat the same portion," said Brent McFerran, an assistant professor of marketing at UBC. "You see a heavy person ordering a salad and you think I'm not like that, I'm going to order more."

Because eating is such a social activity for most people, McFerran said it's important to understand how vulnerable we are to consuming more or less based on the people around us even if they are strangers.

TORSTAR NEWS SERVICE

ShareYourViews
 halifaxletters@metronews.ca

Celebrity Buzz pg 22



Court reveals prior violence



Halifax Mooseheads forward Matthew Boudreau swoops in on Prince Edward Island Rocket netminder Jon Wayne during the second period of last night's QMJHL exhibition game at the Halifax Forum. The Herd beat the Rocket 6-4. **More coverage, page 13.**

Rocket fizzle

Back-to-school flu

Critic questions government preparedness on H1N1

HILARY BEAUMONT
 for Metro Halifax

Liberal health critic Diana Whalen is calling on the province to communicate more effectively with schools about influenza A (H1N1), also known as swine flu.

Whalen said yesterday parents have approached her "in the grocery store and on the street" asking whether schools are prepared to protect their children from swine flu when they re-open to students in the middle of next week.

"We're one week away from the start of school and the plans from the school board, the pandemic plans, have yet to be finally approved," Whalen

Swine flu hotline

• The former provincial government established a toll-free line for concerned Nova Scotians about swine flu in the spring. The number is 1-888-451-4222.

told Metro yesterday.

She added the government has not passed instructions on to the provincial school boards, so staff members haven't received protocol on how to deal with the potentially deadly flu.

"For parents, they want to know that everything is in place — that there's good planning," she said.

"The best way to prevent the spread of any infection is to make sure that people know how to identify it and what to do if a mem-

ber of their family or their child has it."

Halifax Regional School Board spokesman Doug Hadley said yesterday the board should be sending out letters to parents about swine flu within the next week.

He expected the government's website to also be updated by that time to offer more information.

Last spring, Hadley added the government sent letters about the flu to parents from Robert Strang, chief medical offi-

cer of health for the province. Strang was unavailable for comment yesterday.

"We don't necessarily have a way to communicate with parents over the summer," Hadley said. "For the most part their minds are on other things until the week before school starts."

Education Department's Peter McLaughlin said yesterday his department will be sending information kits home with students when they return to school next week to "help (parents) focus on steps they can take and their families can take to prevent the virus from spreading."

"We're as prepared as anybody can be," McLaughlin said.

Danny set to follow up on Bill's rain, wind

PHILIP CROUCHER
 philip.croucher@metronews.ca

STORM Brace yourself — another major weather system could be heading our way this weekend.

The extended forecast from the National Hurricane Centre shows tropical storm Danny crossing over the Maritimes early Sunday morning. This, after hurricane Bill brought heavy rain and strong winds to the region just four days ago. Environment Canada issued an information statement yesterday about Danny, which is situated north of the Bahamas and packing winds of about 75 kilometres per hour.

"The centre of the path has it checking into the Delta hotel in Saint John Sunday morning at 8 a.m.," News 95.7 meteorologist Richard Zurawski said yesterday. "I think everybody is watching it with bated breath. It's strengthening. It's expected to become a hurricane Friday morning."

If Danny does become a hurricane, Zurawski said forecasts have it staying a Category 1. Bill peaked at Category 4, but was Category 1 when it brushed by Nova Scotia Sunday, bringing between 50 and 60 millimetres of rain and winds of up to 87 kilometres per hour.

Zurawski said if Danny's path doesn't change, "Halifax would get much more wind than rain" because it would be to the right of the storm's centre.

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Green cart service returning to 2-week schedule

This is the final week for residents in the Halifax Regional Municipality who have been receiving a weekly summer green cart collection. Starting Monday, the service returns to a two-week schedule, with residents advised to look at their green cart and garbage collection schedule for collection information. **METRO HALIFAX**

3

Local

**Children's show lands Gemini nod**

Aquateam, produced by Halifax's Arcadia Entertainment, was nominated this week for Best Children's Series in the upcoming 24th annual Gemini Awards taking place Nov. 14 in Calgary. Aquateam is a series shown on Discovery Kids that features a group of eight Nova Scotia teenagers who explore the ocean. Each episode features a mission designed to test the group's skills and increase their knowledge about diving and marine habitat. The show is scheduled to air this season around the world, including in Norway and Britain. **METRO HALIFAX**

**Police seek suspect after bank theft**

CRIME Halifax Regional Police are on the lookout for a man they say robbed the Royal Bank on the corner of Quinpool Road and Oxford Street yesterday morning.

Police say at 10:35 a.m., they received a report of a man entering the bank and demanding money from staff. Police say he received an undisclosed amount of money and then fled the scene on foot.

No weapon was seen or mentioned, police say, and there were no injuries.

Police spokeswoman Theresa Rath said shortly after the incident they received reports of a man running in the area of Beech and Oak streets, but a search by officers and a K-9 unit was unsuccessful in locating anyone.

The suspect is described by police as a white man in his mid-20s, who is between five feet seven and five feet 10 inches in height. He was wearing a black bandana over his face, a blue knit toque, dark sweater, blue track pants and white sneakers.

METRO HALIFAX

metronews.ca
WHAT'S ONLINE TODAY

Video Manitoba to form joint police unit to investigate an increasing number of missing and murdered women at metronews.ca/canada
Blogs The 100-Day Raw Food Challenge kicks off the morning with a power smoothie recipe and Backbeat checks in with has-been heavy hitters

Lotteries
Lotto 6/49: 4, 6, 9, 29, 33 & 49 Bonus 15
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From child soldier to peace advocate

Sudanese man to speak on his experiences at Dalhousie discussion

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

John Kon Kelei is haunted by his boyhood memories, such as being forced to bury other children who died of disease before making it to the battleground of Sudan's civil war.

Or of trying to win a contest for the fastest time to put together and take apart an AK-47, simply for fear of being harmed or even drowned by his superiors.

But he doesn't hesitate to talk about his past.

"(There) are two guns out on the floor and then you sit, facing each other, and you compete," Kelei recalled yesterday inside a Halifax hotel, shortly after flying into Canada.

"You feel some strong ... guys on your back with sticks," he said. "They beat you up and ... then you are taken to the river and you are put under water to stay there."



Former child soldier John Kon Kelei poses for a photo at his Halifax hotel yesterday. Kelei will be speaking tonight at Dalhousie University as part of a talk called From Youth Affected By War to Advocates of Peace.

Kelei, now 26 years old and a spokesman for War Child Holland, is speaking tonight at Halifax's Dalhousie University in support of Senator Romeo Dal-

laire's Child Soldiers Initiative.

Kelei never ended up fighting because he escaped his captors before they sent him to the front

lines, but said it has been a struggle to shake off the brainwashing.

Education, however, has helped him overcome the trauma. "Using my mind is

more powerful than using my muscle," he said.

Kelei joins Ishmael Beah of Sierra Leone, author of Long Way Gone: Memoirs of a Boy Soldier, at tonight's discussion called From Youth Affected By War to Advocates of Peace, which starts at 7 p.m. inside the Rebecca Cohn Auditorium. Tickets are \$32.50 each, or \$25 for students.

Shelly Whitman, of Dalhousie's Centre for Foreign Policy Studies, said researchers are hosting eight former child soldiers for workshops aimed at better understanding how they cope and what they think can be done to address a worldwide phenomenon that has affected them directly.

Kelei said he hopes sharing his story not only helps him heal, but provides hope for other lost boys.

"A child is a child. A soldier is something else," he said. "Combining them together is ... unacceptable."

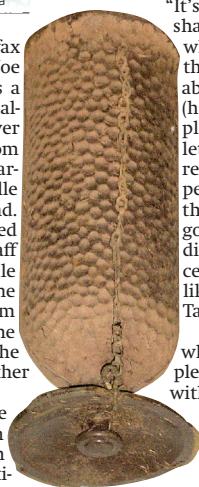
Vases stolen from cemetery

PHILIP CROUCHER
philip.croucher@metronews.ca

LOWER SACKVILLE Halifax RCMP spokesman Cpl. Joe Taplin referred to it as a "senseless act of vandalism and theft" after over 50 vases were stolen from Oakridge Memory Gardens on Old Sackville Road this past weekend. Police say they received word Monday from staff at the Lower Sackville cemetery that someone had stolen 52 vases from headstones located in the gardens during the overnight hours of either Saturday or Sunday.

Police issued a release about the vandalism yesterday and Taplin said so far their investi-

gation has led to no arrests.



"It's a real shame when you think about (how) people can't let people rest in peace and they still go in and disturb cemeteries like this," Taplin said. "This is where people go to be with their

"We believe (the thieves will) probably try to sell them."

RCMP Cpl. Joe Taplin

loved ones who have passed on. They're going there to sit and be at peace. It's a shame."

According to the RCMP release, the vases are solid copper and "have a brown, almost wood-like casing on them." Taplin estimated they are valued at about \$75 each.

"We believe they'll probably try to sell them to some type of salvage area and get money for them," he said of whoever stole the vases. "They're fairly expensive."

One of the vases stolen from Oakridge Memory Gardens.

Families of murder victims getting expanded services

RIGHTS The province is offering more for immediate family members of murder victims in Nova Scotia by making amendments to the Victims' Rights and Services Act.

The province said starting yesterday it was doubling the amount of money and extending the amount of time available for counselling. The maximum counselling award has been increased to \$4,000 from \$2,000, and the amount of time to use it goes to within two years of approval from one fol-

lowing the completion of the court process.

"Government wants to ensure immediate family members receive the support they need during such a difficult time," Justice Minister and Attorney General Ross Landry said in a release. "These changes will help alleviate some of the emotional burden these families are experiencing."

The province's victims services division was started in 1989 and last year assisted more than 6,000 people. **METRO HALIFAX**

Queens County tourism gets boost

FUNDS The federal government announced yesterday almost \$300,000 worth of funding to the Queens County tourism industry, including \$200,815 for the construction of a new visitor information centre in Liverpool.

The new centre will replace the existing information centre that is more

than 30 years old. According to a release, the project includes upgrades to the surrounding waterfront infrastructure, walkways and parking facilities.

The government also announced almost \$87,000 worth of upgrades to the Seaside Recreation and Community Centre.

METRO HALIFAX**News in brief**

DOG ATTACK Pugwash RCMP are looking for a dog that viciously attacked a senior last week at a beach in Malagash. The incident happened around 2:30 p.m. on Aug. 19 at

MacLean's Beach when a man was severely bitten by a German Shepherd. The man was treated for his injuries. The dog was on the beach with two women and two small chil-

dren. Mounties would like to speak to the young women or anyone who might know the dog's owner. There are medical reasons for the urgent request. **TRURO DAILY NEWS**

Fest offers film for all

HILARY BEAUMONT
for Metro Halifax

This year's Atlantic Film Festival will have a flick for every film connoisseur, from international comedies to music-centred features.

"We kind of pride ourselves on the fact that there's probably something in our program for everyone," festival director Lia Rinaldo said yesterday. "Basically every age range and interest is represented in our program."

Government cuts to arts funding have caused the program managers to chop this year's festival lineup from 254 films to 235, Rinaldo said, but audiences shouldn't notice the difference.

"There's a few less films, not by much," she said. "The program overall is more streamlined, more focused." Rinaldo had a tough time picking her favourites.

"We screened over 1,500 titles to pick the 235 that are in, so it's always so hard to name one or two that will really stand out."

But two features from Newfoundland directors, Crackie by Sherry White and Grown Up Movie Star



British poet John Keats, played by John Whishaw, embraces Fanny Brawne, played by Abbie Cornish, in Jane Campion's new romantic film to be screened at this year's Atlantic Film Festival.

by Adriana Maggs, came to her mind.

"They're strong voices coming out of Newfoundland with really solid dramas."

Bright Star, a "poetic and beautiful" film by Jane Campion, was another she was excited for the festival to present.

"It's based on the romance between British poet John Keats and his muse/next door neighbor/lover Fanny Brawne," she said. "The film is very lush and beautiful."

The movie will screen at the Oxford Theatre the evening of Sept. 18.

Rinaldo said she and the other festival organizers are all excited for American Emmett Malloy's new music documentary The White Stripes Under The Great Northern Lights.

"For me, because I'm a huge music lover, the White Stripes film is another."

The documentary will join other music-focused programs and features on the festival's billing. Rinaldo said the festival's historical closeness to music is indicative of the Atlantic Canadian culture.

"It came out of a love of music," she said. "It's just been a kind of natural evolution, I guess."

The film fest runs Sept. 17 to 26.

'Split-shift' schooling to continue

KRISTEN LIPSCOMBE
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Students at two Windsor-area schools will continue sharing one building this September, which means shorter days and staggered class times.

Margo Tait, superintendent of the Annapolis Valley Regional School Board, said yesterday that 600 students at West Hants Middle School will rejoin 900 students at Avon View High School because of air quality concerns.

The middle school shut down for the last two weeks of the 2008-09 year after several students and staffers complained of symptoms ranging from nausea to nosebleeds.

She said students will

share the building "in a split-shift situation" until the completion of renovations at the aging middle school, which the board hoped would be done by next January but will likely be delayed.

"That means the high school students will attend morning classes and the middle school students will attend in the afternoon," Tait explained. "It'll be a little less than a regular instructional day."

She recognized the situation is neither common nor ideal, adding teachers are

working with program specialists to make "the very best, tightest use of all of the instructional time."

At a meeting earlier this

week, parents heard that a consultant hired by the Education Department has determined dust build-up and "less than ideal ventilation" from renovations are likely what caused the rash of sickness, Tait said.

"He feels confident ... that once the renovations are complete, that the school will be a healthy place for students and staff."

"The high school students will attend morning classes and the middle school students will attend in the afternoon."

Supt. Margo Tait, Annapolis Valley Regional School Board

New group focusing on shelters

NETWORK Lori Walton of Halifax knows she or someone she loves could easily be walking in another woman's shoes.

That's why she's helping spearhead Friends of Transition Houses, a new network aimed at raising awareness of and supporting women's shelters across the province, and set to host a public information session next Thursday night.

Since 1996, operational funding for transition houses has been frozen, and earlier this week Bryony House in Halifax pulled the plug on its outreach program for financial reasons.

Walton, chairwoman of the network's steering committee and also a member of the Public Service Alliance of Canada, said she hopes concerned citizens will come out to the Halifax North Memorial Library on Gottingen Street between 7 and 8:30 p.m. Sept. 3 to talk about how the funding problem for women's shelters might be fixed and hear from a transition house counsellor.

KRISTEN LIPSCOMBE/
METRO HALIFAX

News in brief

WIND TURBINE Just a year after it went operational, the wind turbine at the Joggins Fossil Cliffs interpretive centre is on the fritz. The 30-metre-tall turbine went offline in late July when a platform became separated from the tower and was struck by one of the blades. "We're conducting an

assessment of the situation and we hope to have it back up and running by the end of September at the latest," Joggins Fossil Institute executive director Jenna Boon said. Boon said insurance adjusters are in the process of assessing the damage.

EVENT The East Coast Music Association is in search of a

new event chair after Ian MacNeil announced he was stepping down for what an ECMA release said were personal and professional reasons. The event's 2010 showcase is set for March 4 to 7 in Sydney, and the release said a team has been formed to identify candidates. **METRO NEWS SERVICES**

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Cartoonist wins plagiarism case

Claude Robinson, a Montreal cartoonist who spent more than a decade fighting a major production company over plagiarism, has finally won his battle in court, CBC News Online reports. **METRO NEWS SERVICES**

5

Canada



Body image affects preteens: Study

A new Canadian-based study found body-image concerns are now commonplace among children as young as 10 and 11. That teens and young adults feel social and peer pressures to have movie-star bodies is well documented. But the study of some 4,200 Nova Scotia kids shows that children as young as 10 and 11 are getting in on the weight-watching act, with many saying their happiness can hinge on having Hollywood bodies such as Jennifer Lopez, left. **TORSTAR NEWS SERVICE**

Woman left stranded still waits for answers

Government vows to make investigation public

Suaad Haji Mohamud's search for answers about the three months she spent stranded in Kenya was met by stony silence from top government officials responsible for her ordeal.

Instead of explanations from those who ruled her Canadian passport a fraud, the clearly nervous and frequently emotional Somali-Canadian yesterday received only the promise that a probe into her mistreatment will be made public and a vow to "get to the bottom of this" from a government she has few reasons to trust.

"I thought my government would back me up. But when I was alone my government let me down," she told a committee of MPs meeting to discuss her case and those of other Canadians who've been let down by Ottawa when they were in trouble abroad.

"I thought my government would back me up. But when I was alone my government let me down."

Suaad Haji Mohamud

Mohamud was detained and her passport was seized when she attempted to board a flight from Nairobi to Toronto May 21. Two officials from the High Commission met her at the airport and showed her a picture of her son, but didn't believe her when she insisted on her identity.

"They just told me, 'You are not Suaad,'" she recounted.

Two weeks after being arrested by Kenyan authorities, she met again with Canadian officials, showing them 16 pieces of identification and other proof of her citizenship.

"Again they told me, 'You are not Suaad.'"

Her Canadian employer, a Toronto courier firm, confirmed with both the High Commission in Nairobi on July 15 and an intelligence officer with the Canada Border Services Agency on July 22 that Mohamud was who she said she was, yet on July 24, Foreign Minister Lawrence Cannon maintained in remarks to reporters that her claims to citizenship were unproven.

Her \$2.5-million lawsuit against the government also means layers of lawyers need to pick through every statement and admission by officials, essentially grinding them into silence. **TORSTAR NEWS SERVICE**

Toronto Playing with fire



Kalen Davidson, also known as PyRomeo, rehearses his act for BuskerFest, starting today in Toronto. Davidson now is a full-time fire performer and travels the world risking life and limb for the entertainment of others.

No public inquiry to be held into tainted-deli-meat deaths

LISTERIA There will be no public inquiry into the deaths of 22 Canadians from tainted deli meats last summer after the federal government decided yesterday a sweeping but secretive six-month probe

into the crisis was enough.

Conservative MPs at an emergency meeting of the Commons agriculture committee voted six to five in favour of a motion yesterday that said there was no need to rehash the

deadly nationwide outbreak of listeriosis in public proceedings after independent investigator Sheila Weatherill delivered a damning report last month that said confusion and foot-dragging had de-

layed the federal response to a national emergency.

A Commons subcommittee on food safety, which wrapped up its own investigation before Weatherill released her 57 recommendations, had recommend-

ed a full public inquiry but Conservative MPs had issued a minority report that did not go so far. Yesterday the government had the majority of votes at a special meeting.

"Unless we hear a strong

commitment that — if these reviews of needed resources show that in fact it is true that they need help — that they're going to get it, this is all a waste of time," Bob Kingston told MPs. **TORSTAR NEWS SERVICE**

Privacy proposals may arrive today

FACEBOOK A Canadian regulator may outline new proposals on protecting the privacy of Facebook users Thursday after the watchdog last month found deficiencies in the social networking website's current practices.

The regulator's July report found that information provided by Facebook about its privacy practices is often confusing or incomplete. It said Facebook's policy of indefinitely keeping personal information about people who have closed their accounts was in breach of Canadian privacy law.

REUTERS

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The Manitoba government, RCMP and Winnipeg police formally established a task force yesterday to review cases involving missing and murdered women, CBC News Online reports. "These women were mothers, daughters, sisters and friends. Many are aboriginal," Attorney General Dave Chomiak said. **METRO NEWS SERVICES**

Alberta posts giant deficit

\$6.9 billion shortfall \$2.2 billion higher than originally forecast

ANDREAS MORSE
For Metro Canada



With a larger-than-forecast deficit, Alberta has decided it's time to trim some fat.

The \$6.9-billion deficit shown in the 2009-10 first quarter fiscal update is \$2.2 billion higher than what was forecast.

The boost is attributed to weaker-than-forecast natural gas prices, a higher Canadian dollar and other declining revenue.

"We have charged each department to look internally at those kinds of things that can help with that adjustment," said Finance and Enterprise Minister Iris Evans.

"The government has instituted a hiring freeze and is cutting discretionary and low-priority spending, but will hold off on giving specific details ... until the second quarter."

Evans said the government will rely on the \$17 billion sustainability fund to offset the deficit.

Scott Hennig, Alberta

director of the Canadian Taxpayers Federation, isn't so sure the emergency fund will last.

"You have \$17 billion, minus \$7 billion for the deficit, they've already spent \$5 billion of it, there's only \$5 billion left for the two fiscal years after this."

"That is a razor thin margin."

Calgary Zoo **Bronx Four**



One of the Bronx Four western lowland gorillas from the Bronx Zoo makes itself at home during a public debut at the Calgary Zoo yesterday. Kioja, Dossi, Zola and Shana had been in quarantine for 90 days.

KOHN KUNIS/ON METRO CANADA

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Liberals, Bloc tied in Quebec

POLITICS The federal Liberals are neck and neck with separatists in the key battleground of Quebec, a poll shows.

A CROP poll published yesterday shows the Liberals tied with the Bloc Québécois at 30 per cent support.

That's six points more than the Liberals won in last October's federal election, but five points less than in June.

The Conservatives have gained four points since June in the province, but are five points below their October result.

If the poll results were borne out in an election, the Liberals would probably pick up a small number of seats from the Bloc.

La belle province

• In provincial politics, the poll showed the separatist Parti Québécois trailing the Quebec Liberal party by 44 per cent to 33 per cent.

Nationally, most polls show the Liberals neck and neck with the Conservatives, although one survey released Monday had the Conservatives 11 points ahead.

CROP surveyed 1,003 people from Aug. 13-23, a sample size that carries a three-point margin of error 19 times out of 20.

REUTERS

Calgary cuts animal fun

SHAWN LOGAN
For Metro Canada



CLINIC Cruising days are ending for Calgary's fun-loving critters.

The city's animal shelter yesterday opened a new veterinary clinic that will perform spaying and neutering operations.

The new 2,500-square-foot addition to Calgary's Animal and Bylaw Services facility will help reduce the

"Nothing leaves here as an adopted animal without being spayed or neutered."

Bill Bruce

euthanization rate.

"Nothing leaves here as an adopted animal without being spayed or neutered," said animal services boss Bill Bruce.

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the **Bay**

A small Indonesian ferry sank off the resort island of Bali yesterday, killing nine people while three others remain missing, the official news agency Antara reported. **REUTERS**

World



Wife ridicules Berlusconi in book

The wife of Italian Prime Minister Silvio Berlusconi, who is entangled in a spate of scandals involving other women, says in a revised edition of her biography, left, published yesterday that she wants a divorce because she can no longer stop him from "looking ridiculous before the world." Veronica Lario publicly demanded a divorce in May from her husband of 19 years, accusing him of "frequenting minors." **REUTERS**

A wrap for Camelot?

Ted Kennedy's death puts family dynasty in doubt

U.S. Senator Edward Kennedy's death marks the twilight of one of America's most fabled political families, with no heirs to the Kennedy name poised to emerge with the same mix of gravitas, ambition and celebrity.



Kennedy, 77, one of the most effective lawmakers in U.S. history and the brother of assassinated President John F. Kennedy, died late Tuesday after battling brain cancer. "There seems to be no one there to pick up the torch," said Thomas Whalen, a professor of politics at Boston University.

"There doesn't seem to be someone in the next generation to carry the load here. Ted Kennedy might be it, he

might be the end of the line," said Whalen.

Many younger Kennedys are active in civic life but none on the scale of Ted Kennedy, last of four Kennedy brothers, including John, elected president in 1960 and assassinated in 1963; and Robert, a New York senator whose presidential bid ended with his assassination in 1968.

Kennedy torch-bearers include his son, 42-year-old Patrick Kennedy, a Democratic congressman from Rhode Island. His brushes with controversy could complicate a run for higher office though — most recently in 2006 when he sought help for dependency on prescription drugs.

Still, when Ted Kennedy

Obama's reaction

U.S. President Barack Obama said regarding the passing of Kennedy: For five decades, virtually every major piece of legislation to advance the civil rights, health and economic well being of the American people bore his name and resulted from his efforts."

was his son's age in 1974, his own political future looked nearly just as uncertain.

Five years earlier, Mary Jo Kopechne, a young aide, drowned when Kennedy's car plunged off a bridge on a resort island after a night of partying. Moral character questions and whispers of alcoholism dogged Kennedy at the time. **REUTERS**

Spain Red party



Revellers battle it out with tomato pulp during the annual "Tomatina" near Valencia yesterday. The origin of the tomato fight is disputed, but most agree it started around 1940, in the early years of General Francisco Franco's dictatorship. **REUTERS**

News in brief

ORGANS China launched its first national organ donation system in a bid to crack down on organ trafficking and create a source for transplants other than executed prisoners, who currently make up the majority of donors. Executed criminals account for 65 per cent of organ donors, the China Daily said yesterday, in an unusual admission of the prevalence of the practice. Nearly 1.5 million people in China need organ transplants, but every year only 10,000 people can get one, according to the Health Ministry.

AFGHANISTAN Partial results from last week's election put Afghan President Hamid Karzai ahead of rival Abdullah Abdullah, but not by enough to avoid a run-off in October, figures released yesterday showed. With 17 per cent of votes tallied, Karzai held a lead of 43 per cent to 34 per cent over former foreign minister Abdullah. To avoid a run-off, a candidate must secure more than 50 per cent of the vote. **REUTERS**



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Lead levels in paint putting kids at risk: Study

Paint with dangerously high lead levels is still being sold for household use worldwide, putting hundreds of millions of young children at risk of permanent brain damage, according to new research. **REUTERS**

Clerics crack down on Saudi festivals

Government's tourism efforts thwarted

Saudi Arabia's religious police is cracking down on summer festivals that the government hopes will promote domestic tourism, in the latest battle between liberals and conservatives in the world's biggest oil exporter.

The Saudi government is trying to promote internal tourism but restrictions on singing, dancing and mixing of unrelated men and women by the powerful religious establishment has complicated the effort.

Conservative clerics backed by some powerful members of the Saudi royal family oppose efforts to liberalize the country of 25 million, where women are

Cancelled

• Jeddah's summer film festival was cancelled this year despite the support of local governor Prince Khaled al-Faisal. King

Abdullah, who ascended the throne in 2005, is seen as backing the reformers but he must balance the opposing forces.

also forbidden from driving.

"These acts contradict the faith and must not be done, taught, spread or encouraged," religious police spokesman Abdullah al-Mashiti told al-Watan daily this week, referring to circus acts that he believes is a form of magic outlawed by Islamic Sharia law.

The religious police is one of the key instruments of clerical control in society, with powers to enforce gen-

der segregation in most government and commercial buildings and search for drugs, alcohol or other items seen as immoral.

"Unfortunately such actions carried on by religious police do not adhere to the official political will and they sabotage the government efforts to improve and maintain the internal tourism industry," said Mahmoud Sabbagh, a newspaper columnist. **REUTERS**

News in brief

ESCAPED One of two French security advisers kidnapped by insurgents in Somalia last month escaped yesterday and fled to the presidential palace

in Mogadishu. Police said the former hostage killed three of his captors but Marc Aubriere denied killing anyone.

HEROIN Myanmar police seized

36 kilograms of heroin and almost three million methamphetamine pills in a raid near the Thai border, state media reported yesterday. **REUTERS**

Kenya Ethnic group among census questions



An enumerator, left, fills in a census questionnaire as a Maasai woman breastfeeds her child during the national population census in Magadi, about 146 kilometres south of Kenya's capital Nairobi, yesterday. Kenya kicked off a population census that includes asking people their ethnic group, a thorny issue in an east African nation that was polarized by post-election tribal violence.

CIA detainee interrogation techniques revealed

MEMO Sleep deprivation, "insult slaps," water dousing and "walling," or slamming a detainee's head against a wall, were techniques used by CIA interrogators to break high-value detainees, according to an agency memo.

The memo, sent to the U.S. Justice Department's Office of Legal Counsel on

Dec. 30, 2004, was released on Monday under a Freedom of Information Act lawsuit filed by Amnesty International USA and the American Civil Liberties Union.

U.S. Attorney General Eric Holder on Monday named a special prosecutor to probe Central Intelligence Agency prisoner abuse cases.

His decision, which promises political headaches for President Barack Obama, came after the Justice Department's ethics watchdog recommended considering prosecution of CIA employees or contractors for interrogations in Iraq and Afghanistan that went beyond approved limits. **REUTERS**




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Comment

The powerful silver fox

Relating

Sofi Papamarko

metronews.ca/papamarko

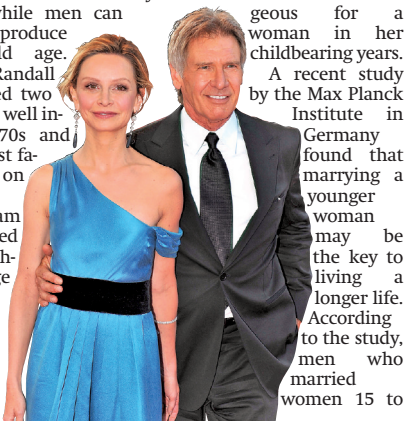
There's something painfully alluring about older men. In my teens and early 20s, I was far less likely to make moony eyes at my spotty-faced peers than at the supply teachers and rakish professors at the chalkboard. They were taller. Better dressed. Widely travelled. And best of all, they KNEW stuff! Older men waxing rhapsodic on James Joyce were far more attractive to me than boys who performed keg stands, wore backwards baseball caps and smelled a bit like wet dog.

Call me crazy. Silver foxiness is a powerful force that cannot be de-

nied. Catherine Zeta-Jones, Calista Flockhart, Penny Lancaster and Katie Holmes have all settled down with men at least 15 years their senior.

There are certain biological advantages to the pairing of younger women to older men. Males have a much longer reproductive shelf life; for women, menopause marks the end of the line for the baby train, while men can ably reproduce into old age. Tony Randall conceived two children well into his 70s and the oldest father on record, Nanu Ram Jogi, sired a daughter at age

Calista Flockhart and Harrison Ford



90. (High-five, buddy.)

Physical prowess has become less important than physical wealth when it comes to a man's ranking in society. Older men often have the money, power, experience and wisdom their youthful counterparts lack, giving them the means to immediately and comfortably provide for a family. Selecting such a mate would be advantageous for a woman in her childbearing years.

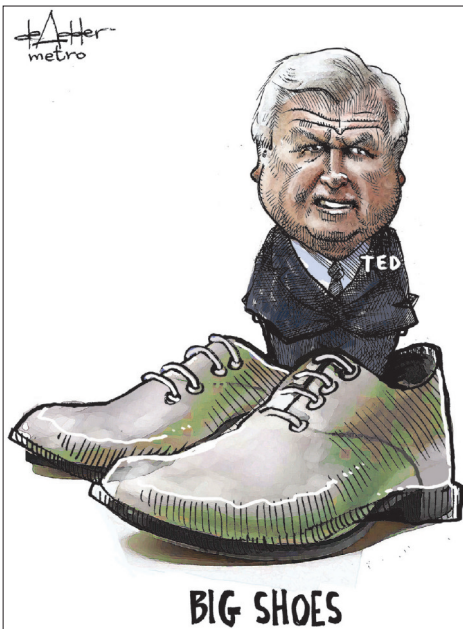
A recent study by the Max Planck Institute in Germany found that marrying a younger woman may be the key to living a longer life. According to the study, men who married women 15 to

17 years their junior were less likely to die prematurely. Even those who married women a mere seven to nine years younger were 11 per cent less likely to expire early. One possible reason for this phenomenon is that younger women select healthier, better-maintained older men as mates.

"Another theory is that a younger woman will care for a man better and therefore he will live longer," said institute spokesman Sven Drefahl. Or maybe waking up next to a sweet young thing every morning gives the older gent a little extra get-up-and-go.

In a strange and almost vampiric twist, the same study indicated that women who marry older men actually increased their likelihood of an early death. Perhaps caring for a silver fox can get a little, umm, old.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



Worth mentioning

Sweet or dry? Wine choice may reveal your personality

A taste for Sauvignon Blanc and Chardonnay or a liking for Bordeaux or Zinfandel can indicate more than just a preference in wines. It could also reveal personality traits.

New research by scientists in Australia and Britain showed that drinkers who preferred a sweet taste in wine were more likely to be impulsive while those who chose dry varieties had greater openness.

"Participants with a sweet taste preference were significantly higher in impulsiveness than their dry preference counterparts," Anthony J. Saliba, of Charles Sturt University in Wagga Wagga, Australia, and his colleagues said in the report.

Saliba and Kate

Wragg and Paul Richardson, of Sheffield Hallam University in Sheffield, England, said apart from impulsiveness and openness, no other personality trait was significantly different between the two groups.

"There is some support for the notion that sweet preference develops early in humans and thus could drive the development of impulsiveness," said the researchers, who reported the finding in the journal Food Quality and Preference.

They tested the wine preference of 45 people from Sheffield in South Yorkshire and divided them into two groups — those who liked sweet or dry wine.

REUTERS



Views

Women biggest losers in Afghan elections

GlobalView

Mona Eltahawy

metronews.ca/globalview

Reports the Taliban sliced off the index fingers of two Afghan women who dared to vote in their country's elections last week were a reminder, if we needed any, who the polls' biggest losers were.

Afghan President Hamid Karzai and his main rival, former foreign minister Abdullah Abdullah, seem to be neck-and-neck in results. But poor security, rampant fraud and too few female election staff kept many women away from voting stations, leaving us won-

dering what chance women stood in getting their voices heard.

Going into the Aug. 20 polls, things didn't look so bad for women on paper. There were nearly 350 women registered as provincial council candidates — about 10 per cent of the total. Afghanistan's constitution reserves one-quarter of provincial council seats for women to guarantee them a role in political life. There were even two women among the 35 challengers to Karzai for the presidency.

But the Taliban's brutality is just one of the many rocks and hard places that surround Afghan women.

Karzai, the celebrated "moderate" on the scene, showed how spectacularly easy it was to sell out women for votes when he

ratified a controversial family law to win the votes of fundamentalists. He promised to reward it after an international outcry but, in fact, made it even worse.

The legislation, meant to govern family law for minority Muslim Shiites, who make up about 15 per cent of Afghanistan's 30 million people, gives a man the right to withdraw basic maintenance from his wife, including food, if she refuses to obey his sexual demands, according to Human Rights Watch.

It's an especially painful blow for women's rights because Afghan Shiites are generally more liberal than many of their Sunni country people. Also, the Afghan constitution bans any kind of discrimination and distinction between citizens.

In the run-up to the polls,

Karzai courted former warlords, some of whom had been powerful in the chaos that hit Afghanistan after the Soviet withdrawal in 1989. The warlords are known to be as conservative and brutal as the Taliban — i.e., no friends to women either.

Fighting between NATO troops and the growing Taliban insurgency takes a huge toll on Afghan civilians and makes it almost impossible for women's groups to do the simplest of their work, let alone take on those myriad rocks and hard places.

So exactly for whose benefit were the elections? Clearly, not women's.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

CRTC fines telemarketers for violating do-not-call list

The Canadian Radio-television and Telecommunications Commission yesterday fined three telemarketers for violating its do-not-call list, CBC News Online reports. **METRO NEWS SERVICES**

11

Business

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Cell firm's photo grab causes uproar

Copyright laws get muddled on the Net

Professional photographers are routinely paid thousands of dollars by big companies to take pictures that will help sell products — but some amateur shutbugs are unwittingly doing the work for free.

Alan McDermott never imagined that a photo he took last year of a striking piece of Dublin graffiti would end up in a Canadian cellphone company's promotional material without his permission.

"Virgin is a multibillion-dollar company," McDermott said in an interview, adding he never gave anyone permission to use his

"It's not an accidental mistake, it's outright theft."

Alan McDermott

image. "They should know better. It's not an accidental mistake, it's outright theft."

The Canadian arm of the cheeky mobile company was originally conceived as a joint venture between Sir Richard Branson's sprawling Virgin Group and Bell Canada Inc., but is now wholly owned by Bell. "The image was taken from Flickr," said Chris Baines, a spokesman for Virgin in

Canada. "We do apologize and will be in touch with (the photographer)."

Baines said the picture was used only in a "small quantity of booklets produced to go to the media to explain our campaign" and there are no plans to include it in the company's advertising.

Such incidents are becoming increasingly common as people turn to the web to self-publish their work and share personal information. Courts are struggling to adapt copyright and licensing laws that were not conceived with the Internet in mind. **TORSTAR NEWS SERVICE**

Tokyo Mixi-ng it up



Kenji Kasahara, founder and chief executive of Japan's biggest social networking site Mixi Inc., speaks during an interview at the company headquarters in Tokyo yesterday. He said Mixi plans to increase the number of its users to 30 million from 17 million within four years.

CIBC profit lower than expected

BANKS Canadian Imperial Bank of Commerce reported a lower-than-expected quarterly profit yesterday as it set aside more money to cover bad loans, sending shares 5.8 per cent lower.

A day after Bank of Montreal surprised investors with stronger-than-expected earnings and a drop in credit losses, CIBC went in the opposite direction, posting a profit that was smaller than analysts had expected and loan-loss provisions that were bigger.

CIBC's net earnings rose to \$434 million, or \$1.02 a share, in its third quarter that ended July 31, from \$71 million, or 11 cents, a year earlier.

As expected, the results included several writedowns.

REUTERS

Business in brief

OPEL The German government signalled yesterday that talks between Berlin and General Motors over the fate of its European unit Opel are threatening to drag on, raising the spectre of insolvency again. Talks to sell Opel have dragged

on for months.

MINING Canada's Eldorado Gold Corp. said yesterday it will buy Sino Gold Mining Ltd. for \$2 billion in an all-share deal that will more than double the size of its gold production in China. **REUTERS**

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 Nepal..... 7.9 ¢
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Massachusetts' top securities regulator said yesterday his office is demanding information from Goldman Sachs Group Inc. on how the investment bank passes on analysts' short-term trading tips to top clients. William Galvin, Massachusetts' secretary of state, said that Goldman has until around Sept. 7 to respond. **REUTERS**

AIG's new CEO defends holiday

Wearing flip-flops, khaki shorts and a green polo shirt, the new chief executive of bailed-out insurer American International Group Inc. says he's getting a lot of work done from his massive villa overlooking the Adriatic.

"People criticize me for being on vacation. I actually started work a week before I was actually supposed to," Robert Benmosche told Reuters in an interview. "I do have conference calls every day, I have all my information sent here. I can work here as well as in the office in New York."

Benmosche, 65, previously the CEO of MetLife Inc., the largest U.S. life insurer, came out of retirement to become AIG's CEO on Aug. 10.

His holiday, which started only a few days after he took up the job at AIG, has raised some eyebrows in the United States, where financial executives have faced unrelenting criticism over high compensation and anything that smacks

Rooms for rent

• Robert Benmosche rents rooms in the villa when he is not there— 400 euros (\$625) a night is the going rate.

of a privileged lifestyle during the economic crisis.

Executives at companies bailed out by the government, like AIG, have had to be particularly careful.

Benmosche said that he regularly keeps up with AIG business via telephone and the Internet, helped by the villa's array of satellite technology, and had three conference calls scheduled for yesterday.

He had returned to the villa because he said he wanted to oversee the harvest of his vineyards to the north and spend time with his children and grandchildren.

He plans to return to work at AIG's offices in New York after Labour Day on Sept. 7. **REUTERS**

Japan Social networking



Kenji Kasahara, founder and chief executive of Japan's biggest social networking site, Mixi, speaks during an interview at the company headquarters in Tokyo yesterday. Mixi plans to boost the number of its users to 30 million from 17 million within four years, Kasahara said.

Business in brief

ALTERNATIVE FUELS The U.S. Energy Department will award \$300 million to a clean cities program to help communities buy alternative fuel vehicles, Vice-President

Joe Biden and Energy Secretary Steven Chu said yesterday.

MANHUNT Nigeria's anti-corruption police yesterday hunted the debtors of five

banks rescued in a \$2.6 billion bailout, while the head of one of them turned herself in three days after being declared wanted.

REUTERS

Vonage stock price on the rise

VOIP Vonage Holdings Corp. shares surged 35 per cent yesterday on growing views that the company would survive despite earlier skepticism over its business model.

The stock has now climbed more than 300 per cent in the past week, a rally that has surprised analysts who say the company still faces stiff competition and weak revenue. Last week, the stock was trading at less than 50 cents a share, but it now stands above \$2.

Vanessa Alvarez, an analyst at Frost & Sullivan, said news of Google's new voice application may be renewing interest in VoIP, or voice-over-Internet Protocol, a technology that Vonage pioneered.

Vonage was among the first to offer Internet-based calling services.

Since its inception, the company has struggled with high costs and competition from traditional phone and cable operators.

REUTERS



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San Francisco Wine Explorer	FROM \$699 + taxes & fees \$133
INCLUDES roundtrip airfare, transfers, 3 nights 3-star accom and a full-day Napa & Sonoma Valley Wine tour. UPGRADE to 4-star accom from \$25 per night.	
Walt Disney World	FROM \$799* + taxes & fees \$129
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Canada & New England	FROM \$537 + taxes & fees \$128
INCLUDES 7-day NCL cruise, onboard meals & entertainment. Sail from Quebec City to Boston and visit Sept Iles, Charlottetown, Halifax and Portland. Port charges included.	
Mexican Riviera	FROM \$649 + taxes & fees \$72
INCLUDES 7-day NCL cruise, onboard meals & entertainment. Sail roundtrip from Los Angeles and visit Los Cabos, Mazatlan and Puerto Vallarta. Port charges included.	
Southern Caribbean	FROM \$929 + taxes & fees \$118
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Huskies ranked No. 5

The Saint Mary's Huskies head into training camp on Saturday as Canadian Interuniversity Sport's fifth-ranked football team. The first ranking of the season was released yesterday. The defending champion Laval Rouge et Or are No. 1. **METRO HALIFAX**

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



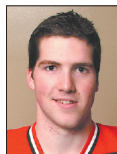
Anderson playing for Canada

Former Halifax Rainmen point guard Jermaine Anderson, left, will play for the Canadian men's basketball team at the FIBA Americas Championship starting today in San Juan, Puerto Rico. He averaged 12.8 points and 3.6 assists with the Tubingen Tigers of the German Bundesliga last season. **METRO HALIFAX**

Blue-liner cut after 224 games with Herd

QMJHL The Halifax Mooseheads cut one of the franchise's all-time leaders in games played yesterday morning.

Veteran defenceman Ben MacAskill was let go after 224 games of service, 10th on the team's all-time list. The former first-round



Ben MacAskill

draft choice spent four seasons with the Mooseheads, posting nine goals and 51 assists for 60 points.

MacAskill was one of five players in camp fighting for as many as three over-age spots and fell short.

"It was a difficult choice for us," said Mooseheads head coach and general manager Cam Russell. "Ben was an important part of our team for four years and we wish him all the best."

The move leaves four over-agers on the roster: Yuri Cheremetiev, Alexandre Brunet, Linden Bahm and Eric Louis-Seize. Louis-Seize may ultimately be the odd man out. Forty-six players remain on the Mooseheads' pre-season roster. **MATTHEW WUEST /METRO HALIFAX**

Dry gets chance to rebound

BASEBALL Dartmouth Moosehead Dry has a chance to bounce back in the Nova Scotia Senior Baseball League playoffs.

Fresh off a disappointing finish at the Canadian championship on their home field last week, top-seeded Dartmouth kicks off the provincial best-of-seven semifinals tonight at 7:30 p.m. against the Kentville Wildcats at Beazley Field.

The club has won 14 titles in the past 19 years, but was knocked off last year by the Halifax Pelham Molson Canadians. Second-seeded Halifax also opens the playoffs tonight against the Truro Bearcats at 7:30 p.m. at Mainland Common. **METRO HALIFAX**

Veterans step up for Herd

Returning QMJHLers score all six Halifax goals in win

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Mooseheads' brass has put its veterans on notice in the QMJHL pre-season — be ready or be gone.

Many of them clearly took that message to heart at the Halifax Forum last night, as returning QMJHLers contributed all of the Mooseheads goals in a 6-4 victory over the Prince Edward Island Rocket before a crowd of about 1,700.

Reigning team MVP Tomas Knotek scored twice, while 17-year-old Gabriel Desjardins and 20-year-olds Yuri Cheremetiev, Linden Bahm and Alexandre Brunet added singles.

Knotek, with his second, and Desjardins scored midway through the third period to snap a 4-4 tie.

"It's for a good reason, when (head coach) Cam (Russell) says that we need to be leaders," said Desjardins, the team's rookie of the year last season. "We've had meetings with Cam and he's asked us to give good leadership for the rookies and give them a reason to show up every night. We did that."

Not that the rookies slacked off. Slick 16-year-old Matthew Boudreau collected a pair of assists



Mooseheads forward Gabriel Desjardins fires a puck wide against PEI Rocket goaltender Evan Mosher during the first period of last night's QMJHL exhibition game at the Halifax Forum. The Herd beat the Rocket 6-4.

and had one of the highlights of the night when he stickhandled through two defenders only to be

robbed by the glove of Evan Mosher.

Justin Belanger, a Halifax native, had a similarly

"We've had meetings with Cam and he's asked us to give good leadership for the rookies and give them a reason to show up every night. We did that."

Gabriel Desjardins

impressive individual effort in the third period and got to strut his stuff on a top line with Bahm and returnee Charles Betty.

"My whole family was here," said Belanger, a former star with the Halifax McDonald's major midgets. "I've played here a long time and I watched the Mooseheads when I was a kid so to chuck on the jersey here was a great feeling."

Tryout Randy Chisholm, 17, and projected starter Mathieu Corbeil each allowed two goals in Halifax's crease.

The Mooseheads continue the pre-season tomorrow night on the road against the Moncton Wildcats.

For more coverage of the Mooseheads, follow @metroqfiles on Twitter or visit: **metronews.ca/qfiles**

Four men left in N.S. Open

TENNIS The Nova Scotia Open tennis tournament is down to the final four in men's open play at the Waegwoltic Club.

Top-seeded Shaun Khambal of Edmonton beat Geoff Learmonth 5-7, 6-2, 6-2 in quarter-final action yesterday.

No. 2 Andrew Oxner of Halifax dispensed of Eric Negulic 7-5, 6-0 and third-ranked Andrew Ling, also of Halifax, swept Rob Weatherston 7-5, 6-4. Travis McDonough is the other semifinalist after beating his brother Justin 6-2, 7-5.

The semifinals are today and the final is Saturday.

Halifax's Amy Sherlock won the women's crown on Tuesday. **METRO HALIFAX**



Andrew Oxner

Brit takes title in laser sailing

SAILING Great Britain's Paul Goodison followed up his gold-medal win at the Beijing Olympics by claiming the world laser sailing championship yesterday in Nova Scotia.

The 32-year-old edged out New Zealand's Michael Bullock and country-mate Nick Thompson at an international regatta that was hosted by the St. Margaret Sailing Club.

David Wright of Oakville, Ont., was the top Canadian in seventh, while Michael Leigh of Nanaimo, B.C., was 10th.

Australia's Tom Slingsby, the two-time defending champ, placed a distant 17th.

The event continues on Sunday with the world masters championship for athletes 35 and older. **METRO HALIFAX**

Paddling postponed, but N.S. still wins a medal

CANADA GAMES With Nova Scotia's paddlers grounded yesterday, David Sharpe made sure his province still made the podium.

The Halifax swimmer captured his second gold medal in as many days at the Canada Games, winning the 100-metre backstroke at the CARL Aquatic Centre in Charlottetown.

It was the province's lone medal after it won 13 on Tuesday courtesy of a 10-medal showing by sprint canoe-kayak athletes. The paddling finals were postponed yesterday because of windy conditions on the North-west River.

Nova Scotia is fifth with

Canada Games medal standings

	G	S	B	Total
Ontario	40	36	32	108
Quebec	23	33	31	87
B.C.	34	26	24	84
Alberta	10	12	13	35
Nova Scotia	9	6	6	21
Saskatchewan	4	6	9	19

20 medals, two ahead of Saskatchewan.

"Our (province's) best medal count was 47 (in 2001) so it's definitely a whole team effort to try and top that," Sharpe said afterward. "I'm just trying to get as many as I can to contribute."

Sharpe, a Dalhousie-bound standout who will carry the Nova Scotia flag at the closing ceremonies, won in 53.91 seconds, 0.78 of a second faster than Ontario's Nick Karpov.

He also won the 200 butterfly on Tuesday and is a medal contender in today's

100 butterfly and 200 backstroke.

"I'm excited to win two medals but I need to refocus," said Sharpe, who holds a dozen provincial records. "I need to finish off the meet with the same energy I started it off with."

The men's golf team is also having a strong week at the Games. Nova Scotia is tied for third with Ontario and has a chance to hit the podium today with a strong final round.

In other action, the women's volleyball team and men's soccer team have qualified for the quarter-finals.

MATTHEW WUEST /METRO HALIFAX

Sports in brief

HOCKEY The Maritime Junior A Hockey League will select a team of prospects to play exhibition games against teams competing in the world junior A hockey challenge, which is being held in Summerside, P.E.I., from Nov. 1 to 8. **METRO HALIFAX**

New York Islanders veteran center Mike Sillinger announced his retirement from the National Hockey League yesterday. The 38-year-old played three of his 17 seasons for the Islanders, one of 12 teams he skated with during his career. **METRO NEWS SERVICES**

Sports in brief

NFL The New York Jets have named rookie Mark Sanchez as their starting quarterback for the season opener Sept. 13 against the Houston Texans. First-year head coach Rex Ryan made the decision to go with Sanchez over fourth-year pro Kellen Clemens yesterday.

NBA Minnesota Timberwolves president David Kahn issued a statement yesterday regarding Ricky Rubio, saying no deal of any kind has yet been reached with the club's first-round pick.

METRO NEWS SERVICES

Feds wrong to seize drug list: U.S. court

BASEBALL The 9th U.S. Circuit Court of Appeals ruled yesterday that federal agents were wrong to seize the now infamous list of 104 Major League Baseball players who tested positive for performance-enhancing drugs in 2003.

In a 9-2 vote, the Court agreed with three lower court judges who also found that investigators were wrong to seize the entire list when they had warrants to seize only 10 of the tests.

David Ortiz of Boston and Yankees star Alex Rodriguez have both been confirmed as being on the list, while Manny Ramirez of the Dodgers and now-retired slugger Sammy Sosa were reported by the New York Times as being on the list. The government had seized the samples in April of 2004 as part of the BALCO investigation into Barry Bonds and other players.

"This was an obvious case of deliberate overreaching

by the government in an effort to seize data as to which it lacked probable cause," wrote Chief Judge Alex Kozinski.

The list has been part of a five-year struggle with the players' union trying to make the government return the list seizing during the raids.

The Major League Baseball Players Association released a statement applauding the decision.

METRO NEWS SERVICES

NHL makes lowest bid for Coyotes

The NHL has long argued that hockey can thrive in Arizona and gone to extreme lengths to block Jim Balsillie from relocating the Phoenix Coyotes to Hamilton, but its own bid for the team contains a provision to move the bankrupt club.

The NHL said it will conduct "an organized bid process to relocate the franchise in another territory" if a buyer wishing to keep the team in Phoenix can't be found, according to the bid made public yesterday.

The NHL's offer for the financially bleeding franchise is worth up to \$140 million (all figures U.S.), but the league plans only to manage the team until it can be sold to an acceptable third party.

"By acquiring the team at this time," the league stated in its bid, "the NHL will be able to salvage the team's 2009-10 season and can establish a more constructive timetable in which to solicit offers from qualified parties."

The NHL, Balsillie's PSE Sports and Ice Edge Holdings, composed of Canadian and American investors, are the three groups contending for the team.

Balsillie has offered \$212.5 million, contingent on immediately moving the club to Hamilton.

The Ice Edge bid, for up to \$150 million, would keep the team in Phoenix long term but the group would

Bid details

PSE Sports

- \$212.5M
- Bid contingent on being able to move team to Hamilton.
- Has 32-year lease option with Copps Coliseum; wants team there this year.
- Head Jim Balsillie rejected as owner by NHL and yet to be approved as bidder in bankruptcy court.

Ice Edge Holdings

- \$150M
- Would keep team in Arizona with commitment to grow hockey in southwest U.S.
- Not seeking subsidies, but partnership with Glendale arena where Coyotes play.
- Still hope to play five Coyotes "home" games at Saskatoon to subsidize team in Phoenix.

NHL

- \$140M
- Wants to salvage 2009-10 season in Phoenix, but will eventually sell to third party.
- Willing to eventually relocate team if suitable local buyer cannot be found.
- Would satisfy indebtedness to major creditor, SOF Investments, a value of \$80 million but no money for previous owner Jerry Moyes.

like to play five "home" games in Saskatoon each year to increase cash flow.

A bankruptcy auction will be held Sept. 10.

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Blue Jays R-Zep's gem salvaged



Toronto pitcher Marc Rzepczynski, right, gets a pat on the stomach from catcher Raul Chavez after pitching 5 1/3 innings of no-hit ball. The Tampa Bay Rays took the lead, but Toronto fought back and won 3-2 when Marco Scutaro scored on a wild pitch in the bottom of the ninth.

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Metro Homes

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Black & Decker has released a new line of Smart Select Technology devices that are sure to make DIY tasks easier for beginners. Check out the rest of today's Homes section for more. See Blackanddecker.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Theatre Lofts boast clean, sleek style

Suite Talk

HEATHER CLARKE
for Metro Halifax

White dishes gleam on the rich wood shelving in the kitchen. The cozy living room is primed for entertaining. Sliding doors open to reveal a soft white and brown bedroom. From end to end, the Theatre Lofts model suite is sleek perfection.

Theatre Lofts is a soon-to-be-built development of loft-style townhouses. Located at 2116 Gottingen St., the chic model suite is giving prospective owners a taste of what's to come. Interior designer Denise Hermanson of DH Design wanted to echo the trendy feel of the building's exterior.

"The design complements the architecture by echoing the simplistic lines without being harsh or cold," Hermanson said. "That gives the prospective buyer a sense of home and belonging."

Hermanson wanted to the space to have a clean, sophisticated aesthetic, "without compromising on style and functionality."

The ivory walls make for a dramatic contrast against the rich wood of the floors and cabinets, and the loft's large windows and high ceilings keep it bright and airy. "I like to keep the colour and finishes neutral, without being boring," Hermanson explained. "I accomplished this by using a variety of textures and finishes — with splashes of colour here and there."

A vision of award-win-



The model suite at Theatre Lofts combines eco-friendly construction with chic urban living.

More info

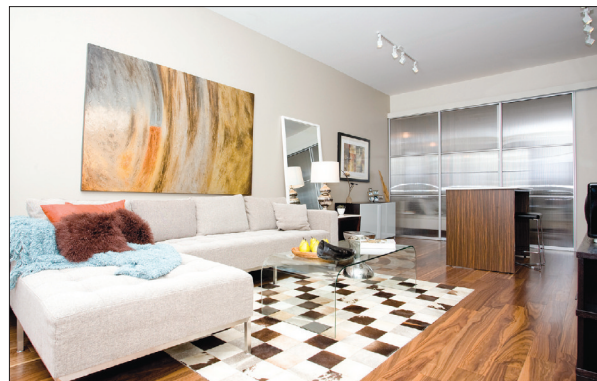
- Units at Theatre Lofts range from 477 to 1,405 square feet, and cost \$139,000 to \$299,900. Visit theatrelofts.ca.
- For more information on designs by Denise Hermanson, visit dhdesign.ca.

ning architect Michael Napier, Theatre Lofts is a mesh of sustainable architecture and elegant urban living. The units feature energy-efficient appliances, glazed windows and doors, and low-VOC paint — which contain lower levels of eco-unfriendly volatile organic compounds. In order to give the model suite a smooth flow, Hermanson arranged most of the furniture against one wall. A large, modern sectional is placed against the back wall, and a curved glass coffee table provides a spot for drinks or books without visually crowding the space. Stools

neatly stowed away beneath the island can be used for extra seating or act as end tables.

"I like to mix masculine and feminine pieces together for a harmonious balance, along with contrasting elements such as colour and texture within the finishes," said Hermanson, who used organic pieces, such as the patch-

work cowhide area rug and the chenille throw pillows. "They play off each other and add interest, without being overdone," Hermanson said.



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Looking at a fixer-upper? Consider this mortgage

LegalMatters



metronews.ca/legalmatters

If you are interested in buying an older home, but are not excited about the vintage pink bathroom fixtures or the fake wood panelling on the walls, you may want to consider a Purchase Plus Improvements Mortgage.

This loan will provide you with enough to buy a home and cover the cost of upgrades. For example, you could borrow money during your purchase to also finish a basement or renovate a kitchen.

The loan is approved on the basis that the renovations will increase the value of the property. Through a Purchase Plus Improvements Mortgage, you can finance up to 95 per cent of the increased value — what the house will be worth after renovations. For example, you could buy a \$200,000 house and do \$20,000.00 worth of work with a down payment of only

\$11,000, or five per cent of the total cost.

Unfortunately most borrowers do not appreciate that they will have to pay for the renovations themselves. The improvement funds are not typically available until the work is complete.

The mortgage company will require your lawyer to "hold back" the funds until you prove that the work is done and the value of the house has increased proportionately. An appraiser may be hired to provide an inspection report to the lender, or you may have to provide receipts or proof of purchase for all materials and labour.

As such, you may have to use a credit card, line of credit, or private loan to finance the renovation until the work is complete and the funds are made available.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

HomeScape



metronews.ca/homescape

What makes a star student?

Well, among other things, it sure helps to have a great homework space. But what is a great homework space? There's an

For a study space that makes the grade ...

- Try music. Many students report being able to work well with quiet or not-so-quiet background music playing. Some say that silence is distracting.
- Rooms without a grand

view. The view outside or noise can distract.

- Good lighting and a comfy chair.
- Let your student decorate their space if they wish, but keep the décor simple and

soothing. Think paint or wallpaper, shelving, a few storage bins, a reading lamp, perhaps an area rug and upholstery for chairs.

- Stay away from distracting posters or art.

ongoing discussion around my house as to what that should be.

There's décor, says my daughter and her friends, but that's secondary to functionality. And that's quite a statement from a group of kids who seems to value style over substance.

The major consensus is that students need a large empty space upon which to spread out their papers and books. Forget that weeny little computer desk. Studying means that you need to open textbooks, scrawl notes and sketches, or talk into a tape recorder, or put together models.

A computer, although

handy for research assignments, is not necessary for the majority of textbook-based homework or studying, they admit.

Another important thing they identified about a great study space was the importance of getting rid of distractions. My daughter's friend will admit to a cluttered bedroom, but he has a desk which he sweeps clean of debris when he does homework. And it works for him.

My daughter's room, on the other hand, does distract. Homework cannot compete well with magazines, books, nail polish and other bits and pieces currently piled on her desk. A laptop smuggled up to her room (it usually lives in the kitchen office) is definitely not good because she seems to be physically addicted to Facebook, and finds its allure almost irresistible. What would work

for her is to clear her desk completely, and put her distracting items into drawers. For her (and many others, I suspect), the computer usage zone and homework space needs to be physically separated.

And speaking of distraction, if a television is on in the same room or anywhere close, you can bet its eye-glazing siren call is turning any young minds in the vicinity into jelly.

I've found that it is also helpful to have a space (however small) dedicated to homework. By this I mean that the space should be for homework alone, and no other activity. For example, if homework takes place in a kitchen, try to designate a particular area as the homework zone.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

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Homes in Style

EMMA YARDLEY
for Metro Canada

When an English industrial designer in the late 19th century began making pieces inspired by his journey to Japan, he ignited a decor craze across Europe.

These days, the trend goes beyond simply displaying a painted paper screen or a lacquered jewelry box. As the popularity of low-impact living rises, so has the demand for Japanese-influenced interiors.

"I think that now more than ever people are viewing their homes as places of serenity and tranquility," says Eric Kirsten, who works in corporate marketing for Teknion Furniture Systems.

The simplicity of Japanese interior design, with its neutral colour palette, low functional furnishings, and use of natural light and materials, such as bamboo, dark woods and silk, creates the perfect framework for a peaceful living space.

House of the rising sun



Small bursts of colour help sweeten a colour scheme that is traditionally grounded in black and white. Envelope silk pillow cover, \$19 each, inserts, \$14 each, West Elm, westelm.com.



These glass bamboo vases are a fun interpretation of one of the world's most renewable building materials. \$24 (small), \$28 (medium) and \$32 (large). Urban Barn, urbanbarn.com.



The dark wood stain and elegant lines of this Shantou console table makes it the perfect place to put your keys when you come home. The Home Depot, \$278, homedepot.ca.

Glass balls like the one at the base of this lamp were used to keep traditional Japanese fishermen's nets afloat. Japanese Float Lamp, base, \$240, shade, \$60. Pottery Barn, potterybarn.com.



Store a stack of throws or place this storage cube beside a low couch and use it as a side table. Canadian Tire, \$89.99, canadiantire.ca.



Skipping lunch

According to a recent survey commissioned by Healthy Choice Gourmet Steamers, 35 per cent of Canadians take between 16 and 30 minutes for a lunch break. Eighteen per cent of Canadians don't take a lunch break at all. **NEWS CANADA**

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Food

At the Grilled Cheese Invitational cook-off (held annually in Los Angeles), contestants attempt to cook the best grilled cheese sandwich in various categories.

**Spazzy cheese**

Grilled cheese sandwiches are judged on presentation and taste, but also on the "Spaz" factor (based on weirdness.) Visit grilledcheeseinvitational.com

METRO NEWS SERVICES

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Liquid Assets

Peter Rockwell


metronews.ca/liquidassets
Well-travelled wines

When it comes to home-grown wine this century has been very, very good to Canada.

Ontario and British Columbia have made some major strides internationally; while upstarts like Nova Scotia have proven that with forward-thinking investment everything is possible (especially sparkling wine).

But not everything is sunshine and lollipops. The controversy over the term 'Cellared in Canada' (given to those wines made from a

combination of fruit grown in and outside of Canada) has some in the industry fuming.

The concern is that they are often shelved at liquor stores along with wines not blended with foreign juice which could be confusing to consumers.

If you can see past the labelling issue some of these wines are well worth a try. **The Wild Horse Canyon 2007 Shiraz (\$11.95 - \$13.97)** combines liquid from B.C., Washington and California.

Even with all that North American influence it tastes more like an Australian with a lightly sweet flow of earthy wild berries, plums and subtle spice.

The Painted Turtle Sauvignon Blanc (\$9.95 - \$11.99) isn't as regionally specific but offers a fresh, juicy mix of citrus and tropical fruits that would make a good match with light creamier sauces and fresh shellfish.

Prices reflect the range across the country. Some products may not be available in all provinces.

Local Savour**Elephant and Castle**

5171 George St.

405-8875

elephantandcastle.com**Shepherd's Pie, \$11**

One of Halifax's new hot spots is a great place to dine, at any time. One of its famous dishes is the Guinness Meatloaf, which is a house-made meatloaf with Guinness-braised vegetables, plus potatoes and mushrooms for \$15. It also has great pub classics that from traditional British recipes, including Bangers 'n' Mash and Shepherd's Pie, with each at \$11. And if the food isn't enough, the restaurant also offers free high-speed Internet.

On the web**Global Peasant:**

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/global-peasant for a recipe for a power smoothie made with the best of nuts and fruits.

Personal Gourmet recipe of the month

ROSE REISMAN

Grilled cheese to go

And don't forget these mud pies — make ahead for lunches

Three-Cheese Grilled Sandwich with Tomatoes and Onions

Who would have thought that the classic grilled cheese sandwich would make such a comeback? Here's a twist on the traditional; I use it as a lunch, dinner or snack item and even cut the sandwich into quarters as an appetizer. Feel free to substitute cheeses of your choice.

SERVES 4**INGREDIENTS:**

- 2 oz light aged cheddar cheese, thinly sliced
- 2 tbsp Parmesan cheese, freshly grated
- ¼ cup crumbled goat or feta cheese
- 4 slices wholegrain bread
- 4 slices plum tomato
- 4 slices sweet onion

METHOD:

Divide the cheddar, Parmesan and goat cheese between two slices of bread.

Top with the sliced tomatoes and onions. Cover with the remaining two slices of bread. Spray both sides of each sandwich with cooking oil.

Spray a non-stick skillet with cooking oil and place over medium heat. Cook the sandwiches for approximately 4 minutes per side, being careful not to burn them.

Cut each sandwich into quarters and serve 2 per person.



Three-Cheese Grilled Sandwich with Tomatoes and Onions

Miniature Chocolate Mud Pies

This has to be my number one dessert! They are dense and send you into chocolate heaven. You will never believe they are light. They can be made a couple of days in advance or frozen for up to two weeks.

SERVES 12**INGREDIENTS:**

- 1 cup chocolate wafer crumbs
- 1 tbsp water
- 2 tsp vegetable oil
- 2 tbsp chocolate chips
- 2 tbsp hot water
- 1 tsp instant coffee
- 1 cup brown sugar
- ½ cup cocoa powder
- 2 tbsp all purpose flour
- 2 ½ oz light cream

- cheese
- 2 large eggs
- ¼ cup low fat sour cream
- 3 tbsp corn syrup
- 1 tsp vanilla
- Icing sugar (garnish)

METHOD:

Preheat oven to 350 F. Spray a 12 cup muffin tin with vegetable oil.

In small bowl combine wafer crumbs, water and oil until mixed. Divide and pat into bottom of muffin tins.

In small bowl combine chocolate chips, water and coffee. Microwave for 40 seconds or just until chocolate begins to melt. Stir until smooth.

In a bowl of food processor add sugar, cocoa, flour, cream cheese, eggs, sour cream, corn syrup and



Miniature Chocolate Mud Pies

vanilla. Puree until smooth. Add chocolate mixture and puree until smooth. Divide among muffin cups and bake for 12 - 14 minutes or just until centre is still slightly loose. Cool and chill at least 2 hours before serving. Carefully remove from tin with knife. Garnish with icing sugar.

About Rose

Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

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Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Want to travel like an It girl?
Check out our top trips inspired
by muses like Kate Moss!

ANIMAL PRINT

Bring out your wild side

HOW TO WEAR IT Head-to-toe animal print dressing looks busy, so remember to choose only one item at a time. Give a chic punch to a sombre outfit with a print belt or bag. Leopard boots and shoes leap out as one of the hottest musts for fall. Safari motifs were updated on the runways with splashes of pink, purple and violet for bright, energetic styling.

Lace-trimmed polyester bustier (\$39.50, at La Senza)



Cotton cardigan, Scrapbook Originals (\$110, 514-388-9706)

PVC clutches (\$30 each, at Spring)



T-strap leather sandals, Guess (\$135, 1-800-465-3638)



Viscose and polyester flared dress, Miss Sixty (\$329, info@sixtycanada.com); ponyskin belt, Liz Claiborne (\$49, lizclaiborne.com)



Perfect match

Isaac Mizrahi brings his design magic to Liz Claiborne

By LAURA DECARUFEL
Senior Editor

Isaac Mizrahi is what's known in sports as a difference-maker: You add him to the team and the game changes. His most recent design success has been at Liz Claiborne (1-800-565-6399, lizclaiborne.com), where he started as creative director in 2008. With his first collection — pretty patterned dresses and watermelon-hued cardigans for spring 2009 — he eliminated the brand's outlet-mall associations and repositioned it as a fashion all-star.

"I was offered the best job in the world," says Mizrahi in his trademark conspiratorial rasp. "I remembered Liz Claiborne as this perfect, sterling thing from when I was growing up. Oh, I loved it. I loved her. Sure, the brand had gotten a little tarnished, but I didn't take the job to acknowledge that." Mizrahi likens the process of revitalizing Liz Claiborne to filming *Unzipped*, the 1995 doc-



umentary he made with then boyfriend Douglas Kieve about designing a collection. "You don't want to know how big the mountain is or you wouldn't try to climb it."

Judging by the fall collection, Mizrahi is now on top. "I was thinking about flappers and lumberjacks," he says. "Did you see that velvet dress? I'm crazy about that dress. But the main thing I'm inspired by are the women who buy [the line]. That makes me think logically, which is fun, because with the rest of my projects, I don't necessarily think logically" — he lets out a hoot of laughter — "at all."

To read these stories and more, visit: ellecanada.com

TWO-TONE BAUBLES

Silver and gold play nicely together this fall

Celebration rings, Tiffany & Co. (from \$2,250, tiffany.ca)



Vintage-inspired snake bracelets, Cathy B Jewelry (\$295 for a set of three, cathybjewelry.com)



Small Tambour yellow-gold and steel automatic watch, Louis Vuitton (\$9,750, 1-866-VUITTON)



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Billboard woman of the year

Billboard has named Beyoncé Knowles its Woman Of The Year. She will accept the award at the 2009 Billboard Women In Music Event on Oct. 2 in New York City. POPEATER.COM

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Entertainment

**New Catwoman**

Megan Fox is to play Catwoman in the next Batman film. She has reportedly signed on to appear in the sequel to *The Dark Knight* alongside Christian Bale and Michael Caine.

FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Monkeys make dark return

Arctic Monkeys

Album: Humbug
Label: Domino/Outside
Rating: ●●●●

IT'S A MUSIC cliché, but it's on third albums where bands reinvent themselves. Scrappy Brit-rockers the Arctic Monkeys have done just that, creating their meatiest and darkest album yet. Unlike their past records, which saw the hyper-active foursome banging out indie pop hits, Humbug is a much sludgier, Sabbath-like affair. If some parts sound like they're ripped from the Queens of the Stone Age playbook (Portion Approaching for one) it's because that band's frontman, Josh Homme, produced the disc. For the most part that union worked — the Monkey's prove that they're not just for indie rockers anymore.

Bryan Borzykowski/for Metro Canada

Collective Soul

Album: Collective Soul
Label: Roadrunner
Rating: ●●●

THERE'S NO QUESTION that Collective Soul had some good songs — Gel and Shine to name two — but those tunes

**MusicReviews**

music@metronews.ca

were popular a decade ago. Surprisingly, the CS of today sounds just like they did back then — they've still got bright guitars and guttural "yeahs," and they continue to move from arena-ready rock to fuzzy indie sounds. However, while they haven't changed much, everyone else has. Their music's dated. The tunes are boring, overwrought and just plain cheesy. If this disc is for anyone, it's the people still playing World I Know on their guitar.

Bryan Borzykowski/for Metro Canada

Colbie Caillat

Album: Breakthrough
Label: Universal Republic
Rating: ●●●●

IF YOU WERE to look up inoffensive in the dictionary, you might find a picture of Colbie Caillat. The California-based singer's follow-up to her debut *Coco*, is another batch of easy-on-the-ears pop songs about relationship struggles. There's really not much to say about this — everything is catchy, but nothing is memorable. It's smooth, slick and pretty, especially *Begin Again*, there are a few twangy moments and *Fearless* has an



R&B bent. Lifetime specials and heartbroken 20-somethings will love this.

Bryan Borzykowski/for Metro Canada

Imogen Heap

Album: Ellipse
Label: RCA/Sony
Rating: ●●●●

MORE ELECTRONIC BELLS, beeps, buzzes and whistles from this arty English eccentric best known for her Frou Frou collaboration with Madonna producer Guy Sigsworth. *Ellipse* is a wonderfully crafted album with some lovely lyrical passages, layered vocal wisps, and even a couple of tracks suitable for radio (First Train Home and Swoon). Here's a CD that will give Sarah McLachlan fans something to do while waiting for the next egg to drop from their true ethereal song goddess.

Graham Rockingham/for Metro Canada

Matisyahu

Album: Light
Label: Epic/Sony
Rating: ●●●●●

OKAY, THE NOVELTY'S worn off. Yes, Matisyahu Miller is a convert to Orthodox Judaism. It was cute when his first CD came out ...



Humbug is the third album from scrappy Brit-rockers the Arctic Monkeys.

"hasidic hip hop," ho ho ho. He was also a Deadhead, a Phish follower and, more to the point, a gifted singer and lyricist with a passion for urban reggae. On *Light*, Matisyahu spreads his forelocks (sorry, couldn't resist) further with a celebratory CD sure to gain him mainstream acceptance. *Darkness Into Light* — co-written with Good Charlotte's Benji and Joel Madden — is the track that will do it. But there's also *I Will Be Light* (yes, there's a theme here), *We Will Walk* and *So Hi So Lo*. Still, Matisyahu stays close to his reggae roots with help from people like

rhythm masters Sly Dunbar and Robbie Shakespeare and fellow song-

writer Trevor Hall. A great record in so many ways.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

R.E.M. packages Dublin shows on new album

MUSIC R.E.M.'s "working rehearsals" in Ireland for the band's most recent studio album, 2008's *Accelerate*, are the subject of the group's new live album, *R.E.M. Live at the Olympia*, which comes out Oct. 27.

The two-disc set was recorded during July 2007 at the Olympia club in Dublin, where the group played five shows during their recording of *Accelerate*. It's R.E.M.'s second concert souvenir in three years, after 2007's *R.E.M. Live*.

Bassist-keyboardist Mike

Mills told *Billboard.com* that the Olympia stand "did the things we wanted it to do in terms of not only generating excitement for the record, but it also helped us, I think, to make a better record."

R.E.M. had already gone into *Accelerate* with a desire to make a more rocking, live-on-the-floor kind of album than its more laboured-over predecessors, *Up and Around the Sun*. The live dates, Mills said, were a test for the new songs.

REUTERS

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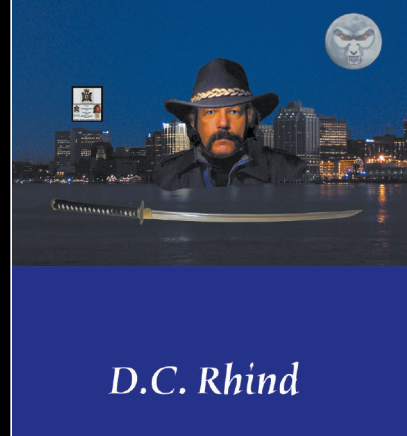
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Jet refuel, reunite for return

Australian group eyes comeback with high-energy new disc *Shaka Rock*

BRYAN BORZYKOWSKI
for Metro Canada

Jet drummer Chris Sester is on the phone outside of a Ramones museum in Berlin. In a few hours the band will play there, but unfortunately they're not covering a song by the legendary punk band. "That would have been great," says Sester, "but we had no time. We're probably the busiest right now than we've ever been."

That's saying a lot, considering the Australian rock foursome dominated the world's music scene in 2003, after they released their huge hit single *Are You Gonna Be My Girl*. However, Sester isn't actually sure if the band really is busier now than they were back then.

"I don't know if that's right because I can't remember," he says. "For three years it was just one long after party."

Sester sounds like he's joking, but he's not. After *Get Born* soared up the charts six years ago the group started living the rock 'n' roll high life. They abused drugs, alcohol and partied almost every night.

The band still managed to release *Shine On* in 2006, but it was a critical and commercial failure (at least compared to their multi-platinum debut). Soon enough the non-stop excess took its toll on the group and Jet, which includes Sester's brother Nic on vocals, parted ways.

"There was a period there where I didn't know what was happening," the drummer recalls. "I wasn't speaking to my brother. I didn't even know if he would answer the phone if I called."

About six months after the group split up Sester received a call from guitarist Cam Muncey. "He's like, 'what are you doing? I'm bored out of my brain. Are



Jet's newest album, *Shaka Rock*, was released this week.

we going to do this?" And just like that the band members convened in New York and showed each other all the songs they had been working on during their downtime.

Eventually the band entered the studio and recorded their third disc *Shaka Rock*. It's another

high-energy rock record, though it's far more infectious and engaging than *Shine On*.

Even though this doesn't sound like a new band, in a way it is. Sester points out that in order to keep Jet alive, the band had to ditch their label and all the hangers on that enabled their

out-of-control lifestyle.

"One of our provisions was that we had to do everything differently," he explains. "We fired everyone that worked for us. We just decided we needed to start again. We produced the record ourselves, didn't record in L.A. and we didn't spend a ton of

"We just decided we needed to start again. We produced the record ourselves, didn't record in L.A. and we didn't spend a ton of money!"

Chris Sester

money."

It's clear, just from listening to Sester speak, how excited the band is to be back on the road. And he says they're all getting a long really well — though it's still going to take some time before the friendships are fully repaired.

"I told my brother recently that everyone is getting a long so great, we should move back into the same city instead of living in four different countries," Sester reveals. "He responded, 'Don't push your luck. Let's just take it slow.'"

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Li to film Ocean Paradise

Jet Li is set to thrill audiences in his native China. According to The Chengdu Shangbao newspaper, the 46 year old's next movie will be the Chinese-language film Ocean Paradise. FEMALEFIRST.CO.UK



Runaways filming was 'surreal': Jett

Movie about groundbreaking rock band to be released in 2010

Joan Jett is enthusiastic about The Runaways, the upcoming film based on the maligned but influential all-female rock band that she co-founded and led from 1975-79.

The movie, which is partly based on Runaways singer Cherie Currie's 1989 memoir, Neon Angel, stars Twilight star Kristen Stewart as Jett, Dakota Fanning as Currie and Michael Shannon as the group's original producer, Kim Fowley.

It was directed by Floria Sigismundi, and its release is planned for 2010.

"It was very surreal and hard, to put a word on (it)," Jett, who executive produced the film and was on hand for the filming, told Billboard.com.

"If anything, it definitely made me smile. It reinforces my love for the band and the fact (that) I think it was an extremely important band, regardless of our level of success in



Musician Joan Jett attends a memorial reception for Les Paul at the Gibson Guitar Showroom on Aug. 19, 2009 in New York City.

America. It just reinforces my love of the whole time and of the band and what we did and how it was implausible and improbable at the same time."

Jett hastened to explain that The Runaways is "absolutely not a biopic. It's not fact-for-fact. What they did was basically take elements from the Runaways

story and created a parallel narrative."

Jett and Currie each coached their cinematic counterparts during the filming, and Jett was particularly impressed by Stewart, who came to the set almost immediately after wrapping the second Twilight film, New Moon.

"Kristen was so into it,

"Kristen (Stewart) was so into it, into the whole vibe of doing this. I think she felt a weight and a responsibility to interpret it correctly." Joan Jett

into the whole vibe of doing this," Jett said.

"I think she felt a weight and a responsibility to interpret it correctly. She was really serious about it and was watching me and asking me all sorts of questions, from speech aspects to watching my body language, watching where I stood, watching my guitar playing. She really worked hard to get it right."

The Runaways were the subject of a 2004 documentary, Edgeplay: A Film About the Runaways.

Soundtrack details are being worked out for the film. Jett, meanwhile, is considering releasing a new greatest hits album in 2010 that might include some of the new material she's been working on.

REUTERS

Jason Winer to direct Shining City

FILM Rising TV director Jason Winer is in negotiations to make his feature film debut on Shining City, the big-screen adaptation of the comedic novel by Seth Greenland. The book cen-

tres on a recently unemployed suburban milquetoast dad whose brother dies and leaves behind a dry-cleaning business, which is a front for a prostitution ring.

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/27/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	Grey's Anatomy	Grey's Anatomy		Practice
	7	7	7	ASN	The Road to Avonlea		Instant Star	TMZ (N)	Grey's Anatomy	Grey's Anatomy		Practice
	11	11	11	CBC	Coronation St.	Jeopardy!	Canine Confidential		This Beat Goes On (N)	CBC News: The National		The Hour
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des sauteleuses	Gars fille		Zone doc (N) (SC)	Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Big Brother 11 Eviction.	CSI: Crime Scene Investig.		The Mentalist
	69	69	69	CFTM	TVA 18 heures	Sûreté-salé	Dépenses xtr	Marché	Dr. House (HDTV) (SC)	Mollie "Harcèlement" (SC)		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	House		Big Brother 11 Eviction.	The Office		News Final (N)
	9	9	9	CJCH	etalk	Hollywood	The Listener (N)		CSI: NY "Trapped"	CSI: Crime Scene Investig.		CTV News
	10	10	10	ELTV	(6) EastLink Television				Podium TV	EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	NFL Preseason Football Miami Dolphins at Tampa Bay Buccaneers.	The Office		Law & Order
prime	12	12	12	NBC	News (N)	Hollywood	Extra (N)		30 Rock	Parks-Recreat		Market Call
	29	29	29	NW	World News	Business	CBC News	Marketplace	The Hour	CBC News: The National		Nature-Things
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Viewer Favorites				Viewer Favorites		
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This Old Hse.	Yankee Shop	Ask This Old	Michigan	MI-5
	68	68	68	TQS	Farceurs	450 chemin	Grande fille	Un monde bête	La Peur d'un rêve (2006, Suspense)	Paula Trickey.		Le Sport
	23	23	23	BNN	Business News	Headline	Commodities	Market Call	GetConnected	Business News		Market Call
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF	Golf Central	PGA Championship Highlights	Champions Tour	Mid-Season	PGA Tour Golf	The Barclays -- First Round.		
	52	52	52	RSE	Sportsnet Connected	MLB Baseball Chicago White Sox at Boston Red Sox. From Fenway Park in Boston.						Sportsnet Con.
	55	55	55	SCOR	(6) HSR	Poker	U.S. Women's Soccer Team	Pokerstars Caribbean Adv.	Jacked! (N)	Jacked!		Score Tonight
news	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV)	2009 World Series of Poker	Wizards-Place	Life Derek	Ned's School
	53	53	53	TSN	SportsCentre	Boxing: Lewis vs. Mercer	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	6TEEN	Futurama
	43	43	43	FAM	Zoe 101	Life Derek	Jimmy Two	Total Drama	Max & Ruby	Franklin	Little Bear	Maggie-Beast
	44	44	44	TOON	Ben 10	Johnny Test	Backyardigans	Night Grdn	Malcolm-Mid.	Futurama	In Real Life	Comfy Couch
	26	26	26	TREE	Wonder Pets	Big & Small	Drake & Josh	Family Biz	The First 48 (HDTV)	The First 48 (HDTV)		Falcon Beach
	27	27	27	YTV	iCarly	CSI: Miami "Silencer"	Warriors: TKO	Wapos Bay	By the Rapids	renegadeexpress		The First 48
	16	16	16	A&E	Cold Case Files (HDTV)				Waist Deep * (2006, Action)	Tyrese Gibson, Megan Good.		The Game
	70	70	70	APTN	APTN National News (N)				Shattered (2007, Suspense)	Pierce Brosnan.		
	50	50	50	BET	106 & Park: BET's Top 10 Live				Reba	Reba	Hope & Faith	
	37	37	37	BRVO	Wind at My Back	Storytellers	Camera	Happy Endings?	The Simpsons	South Park	Comedy Now	Police Videos
sports	25	25	25	CMT	CMT Star Crossed	Karaoke Star "Calgary" (N)	Home Improve.	Home Improve.	Aggro			MythBusters
	49	49	49	COM	Laughs	Comedy Now	Air Force	22 Minutes	Corner Gas			House Hunters
	153	153	153	COM	Truth, Duty, Valour		World's Wildest Police Videos		Cops Uncut	Dumb Criminal		NCIS
	38	38	38	DISC	How It's Made	How It's Made	Blue Realm		Nature's Most Amazing Events	Nature's Most Amazing Events		House Hunters
	34	34	34	HGTV	Holmes on Homes		House Hunters	Property Virgin	Disaster DIY	Big Amazing		NCIS
	46	46	46	HIST	Unlocking the Past		NCIS "Judgment Day"		Unlocking the Past	America's Best Dance Crew		Video on Trial
	17	17	17	MM	America's Best Dance Crew		One Tree Hill	Degrassi: TNG	Instant Star	Wild 'n Out		F. Mercury
	19	19	19	MMM	mmtop10.ca	The Daily Fix			Ranked!			
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	48	48	48	OLN	Mantracker		Ghost Hunters	Bounty Hunter	Survivorman			Ghost Hunters
family	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	Friends	Friends		Aeon Flux
	206	206	206	PIX	(5:40) Ararat	(7:45) The Sandstormers *** (1960, Drama) Deborah Kerr.			Any Given Sunday *** (1999, Drama)			RDI économie
	67	67	67	RDI	monde	RDI économie	24 Hours on 60 minutes	Grands reportages (SC)	Love-Death	Love-Death		Devil's Diary (2007, Suspense)
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		Last 10	Last 10		Bulging Brides
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	Star Trek: Voyager			
	47	47	47	SPACE	Stargate SG-1 (DVS)		The Listener (N) (DVS)		Star Trek: Voyager			
	14	14	14	SPIKE	UFC Unleashed	UFC Unleashed	The Ellen DeGeneres Show	TMZ (N)	etalk			Tonight Show
	97	97	97	STAR	etalk	Hollywood	LA Ink "Feelings Rule"	Police Women of Broward	Police Women of Broward	LA Ink		Family Guy
	21	21	21	TLC	What Not to Wear		Traders "End Games"	Inside Hollywood	Planète en question			
	56	56	56	TRAP	Office Temps		Comme chez	Hep! Taxi	Ciudad social			
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Murder chez	Hep! Taxi	Wait for God	'Allo, 'Allo!		
	28	28	28	V	Ekhaya -- A Family Chronicle		Curse, She Wrote	Judging Amy	Most Haunted			
	60	60	60	97	VIVA	Da Vinci's Inquest	Style by Jory	Friends	Divine Design	House		
	22	22	22	W	Style by Jory	Evening News	Two/Half Men	Family Guy	Supernatural (HDTV)			
	251	251	251	WGN	Be-Millionaire							WGN News

critics'corner

This Beat Goes On

"CanCon." For a Canadian musician, that's a word more beautiful than "payday." Actually, for a Canadian musician, they mean the same thing. This two-part documentary chronicles the rapid growth of the Canadian music industry in the 1970s, thanks to the Canadian Content rules requiring a certain amount of music played on radio to be homegrown. Artists from the period, from Gordon Lightfoot to BTO, are seen. 9 PM on CBC



Canine Confidential

"Gimme a treat! I so deserve a treat!" Most domesticated dogs started out with a job in mind -- from rat hunting to herding and protection. But now, the majority of them are companions to humans, and the ones that work have some serious responsibility, such as sniffing out bombs and finding buried bodies. Are the jobs too hard? Are the companions being too pampered? This documentary attempts to answer those questions. 8 PM on CBC

Nature's Most Amazing Events

"Surviving the Serengeti" follows the annual migration of more than a million wildebeest, along with zebras and gazelles, across the Serengeti Plains of Tanzania. The episode includes an eruption from Ol Doinyo Lengai, the region's only active volcano, captured using a gyro-stabilized helicopter mount. 9 PM on DISCOVERY



For August 26th

- 9 Taylor Swift - You Belong With Me
- 8 Cobra Starship - Good Girls Go Bad
- 7 Jay Sean Ft Lil Wayne - Down
- 6 Cascada - Evacuate The Dancefloor
- 5 Lola - High Heels
- 4 3OH!3 - Starstruck
- 3 Black Eyed Peas - I Gotta Feeling
- 2 Stereos - Summer Girl
- 1 Justin Bieber - One Time

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Embattled reality TV mom Kate Gosselin will be a guest host on ABC's *The View* on Sept. 14 and 15, people.com reports. She will be filling in for Elisabeth Hasselbeck, who is on maternity leave. **METRO NEWS SERVICES**

Gosselin's new TV gig

Celebrity Buzz

Pair had violent past, court docs show

ON RECORD Court documents reveal Rihanna and Chris Brown had two previous violent episodes before the Feb. 8 fight, which ultimately led to Brown's arrest and felony conviction, people.com is reporting.

Rihanna allegedly slapped her then-boyfriend Brown in a heated argument three months prior to the February incident, according to Brown's probation review released Tuesday.

In that fight, which occurred in Europe, documents say the couple "were involved in a verbal dispute and (she) slapped (him)." Brown "responded by shoving her into a wall."

A second fight occurred about three weeks prior to the Feb. 8 incident.

Brown and Rihanna "were visiting Barbados and were driving a Range Rover loaned to them," according to the documents. "They had an argument inside the car. (Brown) exited and broke the front driver and passenger side windows of the car. No one was injured during the incident."

The documents also reveal that in the Feb. 8 incident,

which began after Brown allegedly received a text message from a previous lover, that Rihanna "said she became 'enraged' and slammed both of her fists against the dashboard." Brown then pulled the Lamborghini over and tried to force her out, which escalated into a physical fight.

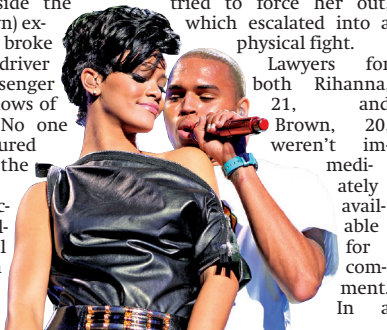
Lawyers for both Rihanna, 21, and Brown, 20, weren't immediately available for comment. In a

June 26 interview with his probation officer, Brown stated that since the Feb. 8 fight, he had been very "depressed." Brown stated he grew up watching his mother being physically abused and said he did not want to "carry on that cycle."

Brown repeatedly told the officer he regretted the incident, and said he initially wanted to plead guilty right away, but his attorney advised against it.

Brown was formally sentenced Tuesday to six months of community labour, five years probation, and was ordered not to contact Rihanna for the next five years, people.com reports.

METRO NEWS SERVICES



Justice will be served: La Toya

AVENGER? La Toya Jackson has called for "justice to be served" following her brother's death, femalefirst.co.uk reports.

Michael Jackson's sister is "relieved" court documents have revealed his death is being treated as a homicide, weeks after she publicly declared "shadowy members" of his entourage had murdered him.

She said in a statement: "I am thankful to the investi-

gators for uncovering the truth to the world. I look forward to the day that justice will be served to all the parties involved in my brother's homicide."

Although Jackson's statement was brief, fans will be able to hear her full views on Michael's passing next month. She is set to give her first interview since his death on June 25 to Barbara Walters on 20/20 on Sept. 11.

METRO NEWS SERVICES



LiLo to televise career relaunch?

DOCUMENTED Lindsay Lohan is sure of at least one thing about her attempt at a career comeback: It would make compelling television.

The actress is reportedly in talks with Britney Spears' manager, Larry Rudolph, to develop a reality show about Lohan's troubled life. "Rudolph is

helping Lohan with a potential reality show that will encapsulate her trials and tribulations as she gets back on her feet and actually becomes a working actress again," a source told Fox News.

METRO WORLD NEWS



Celebrity tweets

Paris Hilton reveals her Secret for success, **Miley Cyrus** keeps up on all the obscure holidays so you don't have to and **Russell Simmons** dishes out advice on improving your yoga technique.

• @parishilton What a long day! So tired, in bed reading The Secret, such an amazing book. This is my third time reading it. I really do believe in it. :)

• @miley Cyrus Happy National Dog Day! Woof Woof!

• @UnderRUSH A great yogi says in difficult poses u should practice "having joyful eyes". So Soften the face ... Smile and breathe!!

METRO NEWS SERVICES



Even film breakups are hard: Kristen

SO SENSITIVE Kristen Stewart doesn't take breakups lightly — even those on film, people.com reports. "Everything in our movie, it's such a heightened version of reality," the Twilight star, 19, told MTV News. "People don't just break up (in the films) — they break up and it literally kills you. It's not like you just say, 'Oh, I'm really depressed and cry-

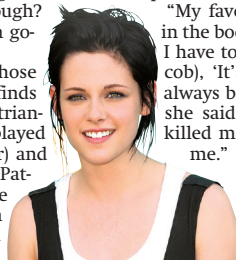
ing.' I always had a really hard time figuring out, 'Am I doing enough? Do I look like I'm going to die?'"

Stewart — whose character Bella finds herself in a love triangle with Jacob (played by Taylor Lautner) and Edward (Robert Pattinson) — says she struggled when she had to film a

specific scene for the sequel *New Moon*.

"My favourite line in the book is when I have to say to (Jacob), 'It's him; it's always been him!'" she said. "Yeah, it killed me. It killed me."

METRO NEWS SERVICES



Winter wedding bells for Kevin?

PLANS UNDERWAY Kevin Jonas and his fiancée Danielle Deleasa will likely say "I do" this winter, his brother Nick revealed, us magazine.com reports.

"They have not set a date yet, but I think that it'll

be sometime around the end of the year, beginning of the year," he told ABC News Radio on Monday.

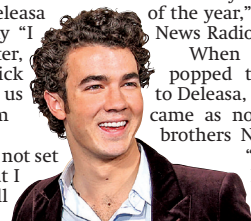
When Kevin, 21, popped the question to Deleasa, 22, in July, it came as no surprise to brothers Nick and Joe.

"Kevin and Danielle were on the

beach walking, and Joe was like, 'Oh, they're gonna get married,'" he said. "A couple years later, they were engaged and now we're here."

Nick said he doesn't know if he or Joe will serve as best man to Kevin: "He's working it all out, but we'll see what happens."

METRO NEWS SERVICES



Oksana and Mel's baby a girl

ON THE WAY Mel Gibson took Oksana Grigorieva, his pregnant girlfriend, out for a romantic lunch in L.A. recently, the Daily Mail reports, and a source said they couldn't be happier: "She's a very calming girl and will be a stabilizing influence on him."

Grigorieva recently revealed that their child — Gibson's eighth — will be a girl.

METRO WORLD NEWS



No baby on board, Anna says

RUMOUR MILL Anna Paquin is not annoyed with false reports that she's having a baby. In fact, a very special part of her body is downright "flattered" by the suggestion, popeater.com reports.

The *True Blood* star joked to Extra: "My uterus is really flattered that everyone cares, but sorry, no occupants."

METRO NEWS SERVICES



Tans for Cans

Help support Feed Nova Scotia. This weekend (Aug. 28-30) bring in any non-perishable canned good and receive a FREE tan! Let's help send the kids back to school on a full stomach.

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Z103.5 Summer Cruiser

Airport red-flags Mickey's cash

WAS IT THE EXCHANGE RATE? Airport security reportedly grilled Mickey Rourke last week, after trying to board a flight with thousands of dollars in cash, femalefirst.co.uk reports.

Officials at JFK International Airport stopped Rourke before jetting out to attend the Sarajevo Film Festival in Bosnia.

According to the New York Daily News, the actor and his two bodyguards were stopped at a security check-

point and questioned for approximately 10 minutes about the amount of money he was carrying while officials carried out a search of his luggage.

It's unknown how much money Rourke had on him, but travellers are required to fill out a customs form if they're carrying more than \$10,000 US out of the country.

The actor was allowed to board after officials deemed he was not a security threat.

METRO NEWS SERVICES



Patrick jailed on traffic warrant

UH OH What started as a normal Tuesday night out for Fall Out Boy singer Patrick Stump ended with him being bailed out of jail, thanks to an outstanding traffic warrant for driving without a license in Beverly Hills, according to TMZ. Stump was arrested and taken to the West Hollywood Sheriff's office, where he was released on \$15,000 US bail.

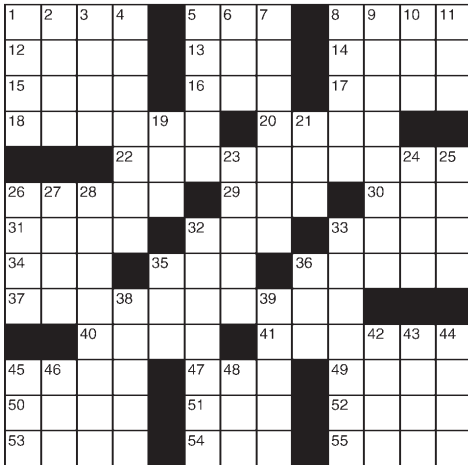
METRO WORLD NEWS





For more delicious Metro recipes, visit: metronews.ca/food

Take Five



- 1 Tobacco type
5 Possesses
8 Benedict XVI, e.g.
12 Places
13 Group of scenes
14 Acknowledge
15 Unoriginal one
16 Geese-in-flight formation
17 Rose or Townshend
18 Shrew
20 Go sightseeing
22 Accepts the truth
26 Make one
29 Speck
30 Feedbag morsel
31 Logical
32 Wrestling victory
33 Carvey or Delany
34 Citric drink
35 Pendulum site?
36 Brave
37 Office equipment
40 Chess piece
41 Gunman's missile
45 Connections
47 Egos' counterparts
49 Tiny bit
50 Drudgery
51 Poolroom stick
52 Wound cover
53 On the — (unfriendly)
54 Bart, to Homer
55 Throw

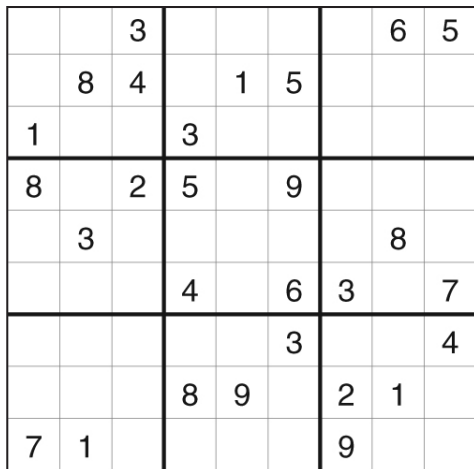
DOWN

- 1 Balkan native
2 Arizona tribe
3 Big name in desktop PCs
4 He can hold his head high
5 Destruction
6 Blackjack component
7 Cowboy hat
8 — New Guinea
9 Cold-weather gear
10 Cauldron
11 Ram's mate
19 Festive
21 Frequently
23 Archie's wife
24 Catches some rays
25 Remain
26 Mil. branch
27 Zilch
28 Unskilled
32 Eaters' outings
33 Swordplay specialist
35 Manhandle
36 Wildebeest
38 Mardi Gras "faces"
39 Peer Gynt playwright
42 Crazy
43 H H H, in Greece
44 Surveillance
45 Pair
46 Debtor's letters
48 Pair

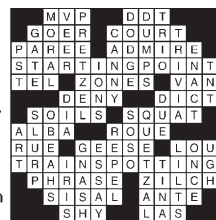
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



9	5	2	7	6	1	4	3	8
6	7	8	9	3	4	1	5	2
1	4	3	2	5	8	6	7	9
4	3	7	8	9	2	5	6	1
5	6	9	1	4	3	8	2	7
2	8	1	6	7	5	3	9	4
7	9	4	5	1	6	2	8	3
3	2	6	4	8	9	7	1	5
8	1	5	3	2	7	9	4	6



Metro Recipe of the Day



Peaches & Poppy Seed Sour Cream Pancakes

Submitted by Loreene Jalbert, New Westminster, B.C.

INGREDIENTS:

- 2 tbsp (30ml) butter, melted
- 2 cups (500ml) all-purpose flour
- 1/4 cup (50ml) granulated sugar
- 2 tbsp (30ml) poppy seed
- 1 tbsp (15ml) baking powder
- 1/2 tsp (2ml) salt
- 2 eggs
- 1 1/2 cups (375ml) milk
- 1 cup (250ml) sour cream
- 1 tsp (5ml) vanilla

Butter for cooking pancakes

METHOD:

1. Peel peaches and slice into thin wedges.
2. In microwave, melt 2 tbsp butter in small bowl.
3. In large bowl, with fork, stir flour with sugar, poppy seed, baking powder and salt. Make a well in centre.
3. In medium bowl, whisk eggs with milk, sour cream, melted butter and vanilla. Pour into well in flour mixture and stir until evenly mixed (but do not beat mixture).
4. Melt 1 tsp butter in frying pan over medium heat. Pour batter, making silver-dollar size pancakes, or use 1/4 cup measure to

Weekly winners

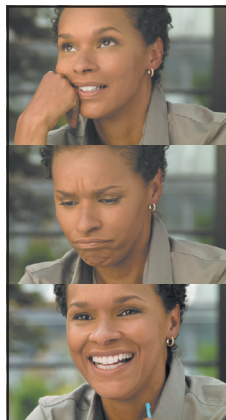
- Exclusive contest for Metro readers! Visit 20minutesupperclub.com/metro and be entered to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit PC.ca. A weekly winner will be drawn until the end of October.

pour batter. Top each pancake with 1-4 peach wedges, pushing peaches into batter. Cook until pancake surface is covered in bubbles and edges start to brown, 2-3 minutes. Turn pancakes over and cook 2-3 minutes until golden brown.

SERVES 4

PREP TIME: 15 MINUTES

COOK TIME: 15 MINUTES



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Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
You may be tempted to tell someone what they want to hear, but you won't be doing them, or yourself, any favours.

TAURUS
APRIL 21-MAY 21
The more a friend tries to match you up with someone you're not interested in the more you must say no.

GEMINI
MAY 22-JUNE 21
You can't decide about a money matter. But forget how much is in your bank account and just do what feels right.

CANCER
JUNE 22-JULY 22
Try to stay calm today and, if at all possible, stay out of the way of people who rub you up the wrong way.

LEO
JULY 23-AUG 23
You may not trust a certain individual but is your suspicion grounded in fact or is it merely a reflection of your prejudices?

VIRGO
AUG 24-SEPT 22
Avoid getting involved in other people's disputes today, especially if you would like to stay friends with both parties.

LIBRA
SEPT 23-OCT 23
Whatever you lose today or tomorrow you will make up for over the coming weekend, so there is really no need to worry.

SCORPIO
OCT 24-NOV 22
With Venus, planet of harmony, transiting the career area of your chart, you'll do better to empathize with colleagues.

SAGITTARIUS
NOV 23-DEC 21
Your options may be limited at the moment but soon conditions will change and you can start moving forwards again.

CAPRICORN
DEC 22-JAN 20
Someone's trying to get you to do things that are to their advantage but not to yours. Don't be fooled by their act.

AQUARIUS
JAN 21-FEB 18
The cosmic setup is pushing you to do more at work, and that's good, but don't end up exhausting yourself.

PISCES
FEB 19-MARCH 20
You don't like to turn people away when they ask for help, but watch out today as others aim to get rich at your expense.

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